**ABSTRACT**

*Stenly Virreri / 25150045/2019 / Effect of Work-Life Balance and Burnout on Employee Job Satisfaction at PT. XYZ East Jakarta Branch in 2018 / Advisor: Kristin Handayani, S.SI, M.M.*

*Human resources are an important component in the business process of a company. Without human resources, resources that cannot be managed properly are needed for the acceptance of job satisfaction for employees. The balance of work life and fatigue are factors that can affect employee job satisfaction. Through good attention and support from the company towards the above factors, it will create job satisfaction that ends the achievement of organizational goals.*

*There are several theories used to support this research is the definition of Work-Life Balance, Burnout, and Job Satisfaction. Then there is also a theory that explains the dimensions of Work-Life Balance and Burnout used to measure employee job satisfaction. The framework of thought will be formed according to variables, indicator variables, and variable dimensions.*

*This research was conducted to determine the effect of work life balance and fatigue on employee job satisfaction at PT. XYZ East Jakarta Branch in 2018. The data used in this study are primary data obtained from the distribution of questionnaires distributed to 105 respondents and secondary data in the form of documents from the company. The sampling technique used is non-probability sampling with taking purposive sampling. The data analysis method used is simple and multiple linear regression. To analyze the data used using the SPSS 20.0 program.*

*The results showed that work life balance had a positive and significant effect on employee job satisfaction by 40.6%, while burnout had a negative and significant effect on employee job satisfaction by 7.9%. The results of this study also show that the balance between work life and fatigue due to job satisfaction is 44.7%.*

*The conclusion of this study is that Work-life Balance has a positive and significant effect on employee job satisfaction at PT. XYZ East Jakarta Branch in 2018. Burnout has a negative and significant effect on employee job satisfaction at PT. XYZ East Jakarta Branch in 2018. Work-life Balance and burnout simultaneously influence employee job satisfaction at PT. XYZ East Jakarta Branch for the 2018 period.*

*Keywords: Work-Life Balance, Burnout, Job Satisfaction*