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## SHORT MOVIE “HUSTLE” WITH THE PURPOSE OF DESCRIBING THE PROCESS OF STRUGGLE STUDENT THESIS

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### Abstract

The final work that the author made is a short film entitled “HUSTLE”. The movie “HUSTLE” is a cinematographic work that raises the theme of the struggle of final year students in facing a major challenge in academic life, namely completing a thesis. The story describes the emotional and intellectual journey of a student who struggles to complete the final project and also faces pressure, personal conflicts, and the phenomenon of burnout.

The movie's message is about perseverance, commitment, and the meaning of success. “HUSTLE” teaches that success is not just about the end result, but also about the journey and the experience of getting there. Through an in-depth portrayal of academic and non-academic struggles, the film motivates the audience not to give up halfway through and to maintain the spirit of struggle, despite facing tough challenges.

The concept that the author uses to make a short film entitled “HUSTLE” is to use concepts from the Cinematography course. From the course, which the author got while sitting in college, teaches how to produce a movie that can be memorable for the audience and has its own charm. To make the short film, starting from the pre-production stage, video production, to post-production

### Keywords:

short movie, message, thesis



## INTRODUCTION

The phenomenon of students having difficulty facing lectures in the midst of personal conflicts is a tiring situation for students to face. In the midst of personal conflicts that have occurred, the struggle of a karateka to get a belt level promotion is almost the same as a student fighting for the completion of their studies. Cases of rampant sexual harassment become an inspiration in the mind of our main character to start studying martial arts so that she can protect herself in the future when no one else can come to help her.

Reporting from Suarasikap.com Friday (12/03/2021) said that "Last Monday (8/3), the author tried to conduct a survey with a total of 55 respondents. These respondents consisted of four semester students and above. They come from approximately 13 universities. The results of this survey show that 83.6% of students feel depressed. Apart from that, 80% of students also feel anxiety or insecurity. "On the other hand, this situation apparently also affected their condition. The impact of burnout that occurs among students causes many students to finally decide to stop struggling in their studies. We found an experience on quora.id Wednesday (06/10/2021) from Yoni Apri that he decided to stop for several reasons, namely, his major, which he is not interested in, and loses his enthusiasm and passion. This form of fatigue in final year students shows indications of stress or depression. Reported from ziliun.com, another cause, according to Misra and Castillo in Academic Stress Among College Students, is none other than the stress experienced by someone when doing something beyond their limits. As a result, anxiety and tension arise.

In this project, we will package the struggles of a female student who pursues the martial art of karate so that she gets many lessons and experiences in it that motivate her not to give up and remain enthusiastic in facing all the obstacles in her life. A student's lecture experience can be an interesting story because at this time, female students often feel burnout. Reporting from kementerian.go.id burnout is a chronic stress condition where workers feel physically, mentally and emotionally tired due to their work.

Reporting from siarpersma.id Friday (05/08/2022) which said that of the total respondents, 87.6% of them knew the meaning of burnout in general. However, only 24.8% had a high understanding of this phenomenon. The other 57.5% have sufficient understanding, and the rest do not understand the phenomenon of burnout. Most respondents described burnout as a condition of tiredness or boredom experienced physically or psychologically due to the burden of activities or routines that cause stress. "Burnout is a condition where individuals experience physical, emotional and mental exhaustion due to prolonged stress. Of course, in life, sometimes a student can find results that do not match his expectations. A long journey full of challenges and obstacles that can make the audience inspired, feel connected to the situation, and feel entertained. Reporting from detikedu.com Wednesday (21/07/2021) stated that "This reflects that students are vulnerable to anxiety, depression and stress which can disrupt their mental health," said UI Psychology Faculty Lecturer Dr. Dyah T. Indirasari, M.A., Psychologist in a webinar as reported on the official UI website, Saturday (17/7/2021).

In our project, we want to convey a message to the audience through the struggle of our main character, Veli, that struggle is not about winning or losing, success or failure, but how much we are willing to fight to complete Veli's responsibilities in completing her studies. This film about students struggle to beat our burnout will be entitled "HUSTLE" with a drama genre. This film genre is currently popular and is in great demand by the public. This short film has a short duration but is able to have an intense and thrilling impact on the audience. Apart from that, short films also have the potential to be an effective medium in conveying certain messages or values. Careful planning and coordination is required between the director, scriptwriter, production crew and actors. Apart from that, making this film also requires quite a large amount of money to meet production requirements where shooting action scenes requires special equipment and skills.

Chat: siarpersma.id, suarasikap.com, quora.id, ziliun.com, kementerian.go.id, detikedu.com, siarpersma.id, detikedu.com, UI Psychology Faculty Lecturer Dr. Dyah T. Indirasari, M.A., Psychologist in a webinar as reported on the official UI website, Saturday (17/7/2021).

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## RESEARCH METHODS

The data collection that we will carry out in this short film project is observation activities and distributing questionnaires in the form of questionnaires. The function of data collection according to Hardani et.al (2020:59) is to obtain objective and accurate data, valid instruments and needed or to collect data that you really want to collect. An instrument that has high validity does not provide other interpretations except answers or other information except what you want to collect.

Observations according to Hardani et al. (2020:125) is a technique or way of collecting systematic data on research objects, both directly and indirectly. Observation is divided into two, namely:

a. Direct observation is observation carried out directly (without tools) on the symptoms of the subject being investigated, the observation is carried out in actual situations or carried out in specially created artificial situations.

b. Indirect observation is observation carried out on the symptoms of the subject being investigated using a tool. Its implementation can take place in real situations or in artificial situations.

The observations we will make are experimental observations. According to Hardani et.al (2020:133), experimental observation itself is an observation made of a situation that is prepared in such a way as to research something that is being tried. We will put respondents into a certain condition or situation. Where the situation is created by us researchers in such a way that the symptoms to be sought or observed will arise. The following are the observation steps according to Rummel in Hardani et.al (2020:128).

1. Obtain knowledge first of what will be observed. In this case, the knowledge we will gain is valid to support the symptoms of burnout experienced by final year students

2. Investigate the general or specific objectives of research problems to determine what should be observed. The goal we want to achieve is to find out the symptoms in final year students when they experience burnout. The objects we will observe are final year students.

3. Create a way or method to record observation results. The method or method that we will use is to record it with a camera device and use notes on the device to record the symptoms that arise in the situation that we have created regarding the object.

4. Establish and strictly limit the various levels that will be used. The level limit that we will use is the level of fighting spirit or the level of despair of the object when we are faced with an artificial situation that we have created.

5. Carry out careful and critical observations. We will conduct observations on final year students who have agreed to be observed by us

6. Note each symptom separately. We will record each symptom experienced by the subject in a notebook on our device that has been prepared.

7. Know the recording tools and procedures for taking notes before making observations. The recording tools that we will use in this case are notepads on our gadgets and a camera to record the expressions or actions that will be visualized.

After that, we will collect this data with the help of a questionnaire or questionnaire using the Google Forms application. We will research by asking questions about the anxiety of burnout that is often felt by final year students. The questions in this questionnaire are useful as a form of validity support for the background of our project which focuses on the anxiety of burnout that is often felt by final year students. In working on this project we have collected questionnaires from 50 respondents. Our respondents came from several universities in Jakarta. Some of the questions in the questionnaire are as follows:

1. What did you feel when you started working on your thesis?
2. What obstacles do you often encounter in the thesis process?
3. What do you feel when conducting guidance and consulting with your supervisor?



4. How do you feel and how do you deal when you receive bad or unhelpful feedback from your supervisor?
  5. How do you feel when you have a lot of revisions?
  6. How do you try and feel when managing your schedule between working on your thesis and other activities?
- What do you think about the demands and expectations from your surrounding environment, including your family, the university where you study, and other parties regarding the thesis you are working on?
- Are there any phases of despair that you experience? If yes, at what stage did you feel like giving up on working on your thesis?
- What effect do you feel the series of work processes have on your mental and physical health?
- Are there any symptoms of stress that you experience as a result of working on your thesis? If so, what are the symptoms of stress?
- Based on the results of the poll via questionnaire, data was obtained that the majority of respondents gave negative responses to the questions given. From the results of the calculations, it was found that the negative response was 58.8% and the positive response was 41.2%.

### PROJECT OVERVIEW

The project overview is a general explanation regarding the objects discussed in the project. The objects we use in this project are final year students and the audience or spectators. This object was determined based on the explanation of several theoretical bases as a reference in making the short film "HUSTLE". An important conceptual basis in making this project is the phenomenon of burnout or the condition of individuals who experience physical, emotional and mental exhaustion due to prolonged stress. Where this phenomenon describes the situation of the main role being overwhelmed to complete their studies due to various existing conflicts and obstacles.

The main focus of our project is the struggle of final year students, so most of this short film contains drama. By using several shooting techniques and adding dramatic musical effects, we hope to convey a deep message to the audience. Shooting techniques such as close up, medium shot, and long shot are also used to clarify the meaning and emotion of a scene and provide comfort to the audience when watching this short film. So that our short films can be enjoyed by the audience, we use the mass media YouTube as a means of distribution. YouTube is a mass media that is easy to reach anytime and anywhere because it is online. However, this requires excessive attention to credibility because there is no clear standardization.

As technology develops, all parties, including writers, musicians and production houses, can produce various content, including short films, easily. However, it does not rule out the possibility that there will be obstacles or constraints in the process of making a short film. These obstacles include permits for dojo locations, determining several shooting locations for boarding house scenes, and adjusting schedules between talent and the project team. To face and overcome these obstacles in implementing the project we utilize the knowledge we have gained during our studies, so that we can produce short films that are meaningful and in accordance with the reality that often occurs. Supported by various references that we use, our short films are structured and have added value.

We have determined the theme of the short film in such a way, so that we hope it can be a memorable short film and have a positive impact on the audience. We really hope that this short film can become our masterpiece and that in the future it can be useful for various parties, especially in the broadcasting sector. Through a series of production processes that we carry out, we can learn a lot, especially about controlling emotions towards each other as project team members. We always strive to maintain communication to avoid conflict and carry out our respective duties as fully as possible, so that we can produce satisfactory output.

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## STORYLINE AND STORYBOARD

Storyline is a text presented in table form that contains various story scripts that will be performed. Storylines are created as a form of planning that is part of the pre-production process. Storyline acts as a guide in executing the video used to translate the desired short brief. Storyboarding is a way to describe full sentences as a planning tool. This means that a storyboard is a visual image that is made exactly like the scene that will be played. Storyboards are included in the pre-production section and aim to provide storyboard readers with an idea of the direction of the story in our short film. Storyline and storyboard are important components in making our short film projects. Having a storyline and storyboard really helps us to stick to systematic planning during the short film production process, so that we can produce work that suits our wishes. In connection with the important role of storyline and storyboard, we present the storyline and storyboard of our project as follows:

### Storyline

*Veli, a final semester student majoring in communication sciences. She is an intelligent figure, but he lacks self-confidence. She easily despairs when faced with problems that are difficult to deal with. She is on holiday after facing UTS week. At night, Veli read the news about the Sexual Harassment incident in Jakarta. This incident made her feel careful and look for ways to prevent it from happening to her.*

*After reading this incident, Veli felt the need to have self-defense skills. Veli begins karate training with Sensei and joins a dojo. He was forged through intensive training and had to face physical and mental challenges. During this process, he meets several other karate colleagues who have their own stories and goals.*

*During his training journey, Veli was faced with a situation where he had to face the end of semester exam, and in the near future he will face a belt promotion exam for which he had to train hard. He gave up because he felt unable to face everything at once. However, Sensei reminded him because he had reached this point, and also the support from one of his besties kept him enthusiastic about facing it.*

*The climax of the story occurs when Veli comes face to face with the examining lecturer in the courtroom. Before entering the courtroom he felt afraid because he was afraid he would not be able to face the trial. But he remembered his sensei's words "it's not about winning or losing, but all your potential that must be released.*

*After the trial presentation was over, Veli realized that he had to finish what he had started. By mobilizing all his abilities to be responsible for his research. And Veli believes that the best results come from a mature process.*

### Closing

*Monologue "Student graduation is a reflection of a responsible individual. A broken spirit to stop the struggle does not mean destroying one's abilities. You just need a will to fight.*

*Willingness to arrive and complete until you get the final result. Without will, there is no struggle. Without struggle, the final result is just a mirage."*

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2. Storyboard

Scene 1



(mid) berjalan menuju sofa/kasur untuk duduk/bersender



(mid) Baca berita dari smartphone



(Detail) layar hp berita sexual harrasment | ada tlpn dari ortu



(mid) Angkat tlpn dari orang tua | dialog tlpn



(mid) mama tlpn | dialog tlpn



(long) switch videocall | manggil pap | dialog

Scene 2



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Veli masuk dojo (ambil detail step kaki), masuk pintu dojo, keruang ganti untuk ganti baju karate



pemanasan ringan sbilm mulai latihan



Sensei mendatangi Veli  
Sensei: halo Veli, masih semangat latihan nih  
Veli: oohh, sensei, mumpung masih semangat jadi gak dikasi kendor  
Sensei: udah ga pegel2 kan badan



Veli: oohh sensei, udah mulai terbiasa hehe.  
Cowoi 1: sensei, biasanya cewe kalo awal2 suka ngapik krn pegel2  
Cowoi2: iya, gua juga dulu gitu tuh. Pas pegel2 mulai berubah pikiran  
Veli: trus, kok betah kaa?  
Cowoi 1: ngerasa komitmen diri sendiri iya, udah mutusin ikut karate kok malah mundur tengah jalan  
Cowoi 2: jantang nih. Ada cewe yg komit (sambil nyengal)  
Cowoi 3: ngapan bala diri termasuk karate pun juga buat keuntungan diri sendiri kan? Mungkin soal2 belum terasa banget, tapi pasti ada manfaatnya

Veli: emang alasan latihan kenapa kaa?  
Cowoi 1: dulu mental gua ga kuat, gampang gwyah. Trus pernah juga jadi korban...  
Veli: hah. Korban apa kaa?  
Cowoi 1: dia tuh pernah dipukul sama pacarnya... (memotong) cewe 1: heh, bocor aja sih. Tapi intinya gitu lah, gua ngerasa lemah. Kik gampang jadi korban (memotong) sensei: jadi siapa yang jadi korban hari ini?  
Cowoi 1 & cewe 1: (unjuk Veli)

Scene 3



pemanasan



Latihan inti



pendinginan



(Detail) Veli buka pintu kamar | (tarobarang) tas & tas lepas sepatu



(Mid) masuk kamar mandi | keluar kamar mandi look selesai mandi (sudah ganti baju) bawa handuk | keringin rambut dengan handuk

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**Scene 4**



**Scene 5**



**Scene 6**



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Scene 7



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Scene 8

<p>(LONG) footage perjalanan veli yg terburu" berlari masuk ke kampus (depan, belakang) ambil gedung logo kkg (Mid) side face veli ngos'an keringetan ngeliat ke arah dosen berjalan menuju kelas (long) pov dari veli melihat dosen berjalan ke arah kelas - pov veli ke arah kelas</p>		<p>SCENE 4 : CONTINUITY WADROP ( TAS HITAM, SEPATU NIKE KMRN, CELANA? BAJU?) ... footage perjalanan ke kampus ruda baru2, pas ke kelas hampir kedulain dosen masuk... Veli: (terengah2...) untung masih sempat... Cewek 2: Kirain ga masuk bestie kuh... Veli: ga lah, kan jatah gue presentasi hari ini... Cewek 2: kirain, dpt previledge gitu deh... kan udh semester akhir ini kok... Veli: Ngaco lu... (langkah dosen masuk kelas, dan memulai presentasi... Veli presentasi...</p>
<p>(mid) follow veli lari ke arah kelas, veli sampai depan kelas melihat dosen yg baru mau sampai (long) pov veli lihat dosen ke arah kelas (long) veli masuk kelas</p>		<p>Frame pelengkap scene dojo (loker) veli ganti baju + taro barang</p>
<p>(long) veli masuk kelas duduk samping bestie (mid) veli dialog dengan bestie (mid) dosen masuk kelas, mulai presentasi (long) suasana presentasi dikelas</p>	<p>WARDROP: KAOS ITEM PUTH, CELANA PUTH, TAR IRVAN, JAKET JEANS FARIDA, RAMBUT DIKUNCIR, SEPATU NIKE KMRN)</p>	
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## CONCLUSIONS

Short films or short films are films with a short duration (≤30 minutes). This duration is usually determined by film festivals which issue regulations regarding the duration limit for a film so that it can be categorized as a short film. The important thing in a short film is the idea and use of communication media as effectively as possible. The presence of short films will make a significant contribution to the development of cinema because it can create a new perspective on film in general.

The short film we made is entitled "HUSTLE" with the theme of the final semester students' struggle in completing their thesis. It tells the story of the many things the main character has gone through to be able to complete his higher education through a thesis. Apart from that, this short film provides a real picture of the conflict faced by thesis fighters. This short film is even more unique because of the karate martial art that the main character is practicing, but on the other hand, this is what makes it difficult for the main character to divide his time and focus in doing two things that are very important to him.

To produce this short film, we carried out several stages, namely project identification, project design (pre-production to post-production), and determining talent. As a guide and reference in the process of making a short film, we create a storyline and storyboard which contains the story script and visual images of the scenes that will be shot. Apart from that, to expedite the production process, we prepare a production schedule and production time frame.

The benefit that we will get from making this project is that it will serve as learning material for us regarding the application of the knowledge we have learned during our studies, such as techniques in taking pictures to lighting in a work, and there is also post-production preparation to create a work. Apart from that, we also strive to ensure that there are benefits that can be felt by the audience or the wider community, namely providing education to the public, as well as providing information and entertainment for the audience which is packaged in a different and non-monotonous way. The public will also receive education regarding the production process of a final work in the form of a thesis, as well as get different perspectives regarding lectures or theses.

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**PERSETUJUAN RESUME  
KARYA AKHIR MAHASISWA**

Delah terima dari

Nama Mahasiswa / I : Achmad Irvan Herman SP, Siti Faridah Nur Rohmah, Elvia Leo Safrina

NIM

: 681904128, 67190399, 61190508 Tanggal Sidang : 25 September 2023

Judul Karya Akhir

: Short Movie "HUSTLE" Dengan Tujuan Menggambarkan  
Perjuangan Skripsi Mahasiswa

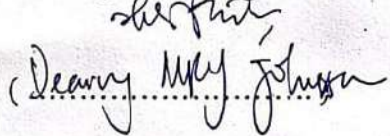
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25 / Oktober 2023

Mahasiswa/I



Pembimbing

  
(Deany My Johnson)

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